

MASTERY

CEUs

A three day journey

Michael Sonick, DMD





Linhart Continuing Dental Education Program

NOVEMBER 6-8, 2024 | 9AM - 4PM

Venue NYU: NYU College of Dentistry 345 E. 24th Street (corner of First Avenue), New York, NY, 10010





This unique, interactive, three-day program is designed to further your understanding of the importance of periodontology in all phases of dental care. A comprehensive approach toward examination, diagnosis, etiology, treatment planning, clinical management and surgical intervention in daily clinical practice will be presented.

You will have the opportunity to further develop surgical clinical skills through hands-on exercises on dental models. Advanced Suturing Techniques, Various Flap Designs, Guided Bone Regeneration, Mucogingival Surgery, and Esthetic Periodontal Surgery will all be presented in detail.

Join us at NYU, Linhart Continuing Dental Education Program, for what we know will be a stimulating journey into the world of comprehensive periodontal care. Become a better version of yourself!

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DAY ONE

Exam, Diagnosis, Treatment Planning and Delivery of Comprehensive Care

- The Clinical Exam "the sine qua non of ideal care"
- The initial examination the most important hour
- Development of a checklist protocol a la Dr. Atul Gawande
- Achieve 90% acceptance of comprehensive treatment
- Comprehensive diagnosis and treatment planning into practice on a routine basis
- · Sequential diagnosis and treatment planning
 - Examination
 - Diagnosis
 - Treatment Plan
 - Treatment
- Bob Barkley's concepts co-Treatment and co-Examination
- The 5 protocols of care
 - 1. Pain elimination
 - 2. Control of infection
 - 3. Functional rehabilitation
 - 4. Esthetics
 - 5. Maintenance
- · Develop a philosophy of predictable excellence
- Treating the patient, not the disease
- Cost Risk Benefit Ratio of Predictable Care The patient makes the final decision
- · When to save and when to extract

- Learn how to save teeth others deemed hopeless
- Clinical periodontal examination
- Medical and dental evaluation of the patient
- · Become a physician of the oral cavity
- The importance of the oral-systemic link
- · Microbiology and Immunology
- Periodontal diagnosis
- Periodontal treatment options and sequencing care
- Non-surgical treatment
 - Local and systemic antibiotic therapy
 - Scaling and root planing
 - The use of lasers
- · Understand the three barriers to treatment.
 - Fear
 - Cost
- Apathy
- · Post-examination consultation
- Understand the importance of the initial patient letter.
- Learn how to correspond with patients to achieve 90% case acceptance.
- The importance of a true maintenance and preventive program



DAY TWO

Surgical Treatment of the Periodontal Patient

- Evaluation and treatment planning for surgical intervention
- · Periodontal surgery: objectives and indications
- · Pre-surgical preparation
 - Informed consents
 - Pre-surgical medications: antibiotics, pain meds, sedatives, homeopathic medications
 - Anesthetics
- Criteria for surgery access, pocket elimination, regeneration, esthetic
 - Review of the multiplicity of surgical techniques
 - Gingivectomy
 - Flap surgery
 - Osseous surgery
 - Esthetic anterior periodontal surgery palatal approach
 - Papillary retention flaps
 - Guided tissue regeneration
 - Bone grafting materials
 - Membranes resorbable vs non-resorbable
 - Growth factors BioXclude, Gem 21, autologous, Emdogain

- Minimally Invasive Surgical Technique (MIST)
- Esthetic crown lengthening
- Mucogingival surgery
- Choosing the proper flap design and incision technique
 - Split thickness
 - Full thickness
 - Sulcular
- Inverse Bevel
- Review of proper surgical instrumentation
 - Suture techniques
 - Interrupted
 - Continuous
 - Horizontal mattress
 - Vertical mattress
- Suture materials
 - Non-resorbable versus resorbable
 - Needle sizes

DAY THREE

Mucogingival and Esthetic Periodontal Surgery

- · Ideal gingival esthetics
- Mucogingival Surgery
 - Free gingival graft
 - Subepithelial CT graft
 - Use of acellular dermal matrix
 - Use of xenograft Mucograft
- · Root Coverage techniques
 - Free gingival graft
 - Subepithelial connective tissue (autogenous tissue)
 - Acellular Dermal Matrix (allograft)
 - Xenograft e.g. Mucograft
 - Amnion/Chorion (BioXclude)
 - Bone allograft + growth factors e. g. Gem 21
- · Tunnelling vs flap
- · Ridge augmentation procedures
 - Timing at extraction vs post extraction
 - With bone
 - With connective tissue
 - Ovate pontic creation

- Papilla regeneration with orthodontics and Provisionals
- · Second-stage surgery for dental implants
 - Incision designs
 - Palatal approach
 - Guided gingival growth.
- Esthetic Crown Lengthening
 - Parameters for dental-gingival esthetics
 - Digital smile design
 - Sequencing restorative and surgical treatment
 - Transferring esthetic parameters into surgical execution
 - Single-stage vs. two-stage approach

